Hatch Chile Caponata

Not sure what to make with your market eggplant? Try this market fresh dish.

Course This and That

Ingredients

- 1/2 C olive oil for sautéing 3 medium eggplants ¼" dice 3 small green zucchini ¼" dice 3 tomatoes skinned and seeded, ¼" dice 1 onion ¼" dice celery ribs 1/4" dice 6 3 cloves garlic chopped fine 1 ½ с red wine vinegar 2 tbsp sugar ½ c Hatch chiles roasted, skinned, ¼" dice 1∕2 c kalamata olives pitted and chopped ■ 1/2 C capers salt black pepper freshly ground
- 2 tbsp parsley fresh leaves, chopped

Instructions

1. In a medium-hot 12" sauté pan, sauté onions, celery, and garlic until softened with olive oil.

- 2. Add diced eggplant and zucchini and sauté until lightly browned but not mushy. Add additional oil as needed to prevent sticking otherwise the vegetables may tear.
- 3. While vegetables are cooking, combine vinegar and sugar in a small saucepan and reduce by half over medium-high heat for 3 to 4 minutes.
- 4. Once cooked, remove all vegetables from heat and set aside in a large bowl.

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- 5. While vegetables are still warm, stir in Hatch peppers, olives, and capers.
- 6. Pour the vinegar and sugar mixture over the vegetable mixture and toss to coat.

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7. Add salt and pepper to taste.

8. Add chopped parsley just before serving.

Recipe Notes

Serve caponata at room temperature. Store in the refrigerator. Use as a topping on sandwiches or burgers, or as a bruschetta topping or part of a crudité tray.